

Analisi sito web thehealthymaven.com

Generato il Marzo 25 2025 23:17 PM

Il punteggio è 51/100



SEO Content

	Title	The Healthy Maven Where Healthy Meets Living Lunghezza : 46 Perfetto, il tuo title contiene tra 10 e 70 caratteri.																				
	Description	The Healthy Maven is a food and wellness blog by Davida Lederle helping women to live healthfully rather than living for their health. Lunghezza : 134 Grande, la tua meta description contiene tra 70 e 160 caratteri.																				
	Keywords	Molto male. Non abbiamo trovato meta keywords nella tua pagina. Usa questo generatore gratuito online di meta tags per creare keywords.																				
	Og Meta Properties	Buono, questa pagina sfrutta i vantaggi Og Properties. <table><thead><tr><th>Proprieta</th><th>Contenuto</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>description</td><td>The Healthy Maven is a food and wellness blog by Davida Lederle helping women to live healthfully rather than living for their health.</td></tr><tr><td>url</td><td>https://www.thehealthymaven.com/</td></tr><tr><td>site_name</td><td>The Healthy Maven</td></tr><tr><td>image</td><td>https://www.thehealthymaven.com/wp-content/uploads/2024/01/THM-meet-davida.jpeg</td></tr><tr><td>image:width</td><td>1314</td></tr><tr><td>image:height</td><td>826</td></tr><tr><td>image:type</td><td>image/jpeg</td></tr></tbody></table>	Proprieta	Contenuto	locale	en_US	type	website	description	The Healthy Maven is a food and wellness blog by Davida Lederle helping women to live healthfully rather than living for their health.	url	https://www.thehealthymaven.com/	site_name	The Healthy Maven	image	https://www.thehealthymaven.com/wp-content/uploads/2024/01/THM-meet-davida.jpeg	image:width	1314	image:height	826	image:type	image/jpeg
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SEO Content

	Headings	H1 1	H2 9	H3 28	H4 0	H5 0	H6 0
		• [H1] The Healthy Maven • [H2] Soup's Up!FREE Soup Series Straight to your Inbox! • [H2] The Latest & Greatest • [H2] Find the best recipes • [H2] Healthy Dinners • [H2] Nourishing Desserts • [H2] Narrow It Down • [H2] Cozy Up This Winter! • [H2] Breakfast Recipes • [H2] Wellness • [H3] Green Goddess Salad • [H3] Almond Flour Berry Galette • [H3] Pinwheel Sandwiches • [H3] Grilled Salmon Tacos with Avocado Crema • [H3] Grilled Turmeric Chicken • [H3] Instant Pot Pot Roast • [H3] Healthy Mac and Cheese • [H3] Turkey Tacos • [H3] Spicy Ramen Noodles • [H3] One-Pot Greek Chicken and Orzo • [H3] Chickpea Blondies • [H3] Oat Flour Banana Bread • [H3] Protein Cookies • [H3] Turkey Sweet Potato Chili • [H3] Chicken Lentil Soup • [H3] Buffalo Chicken Chili • [H3] Ginger Carrot Soup • [H3] Healthy Pumpkin Muffins • [H3] Whole Wheat Pancakes • [H3] Banana Bread Baked Oatmeal • [H3] How To Make Shakshuka • [H3] Make-Ahead Frozen Breakfast Burritos • [H3] Black Friday/Cyber Monday Clean Beauty Sales! [2024] • [H3] The Best Non Toxic Candles [Yes! Candles Can be Toxic] • [H3] 20% OFF All Clean Beauty! [Credo Beauty Sale 2024] • [H3] True Botanicals Review • [H3] How to Make Lavender Spray • [H3] Homemade Sugar Scrub Recipe					
	Images	Abbiamo trovato 55 immagini in questa pagina web. 25 attributi alt sono vuoti o mancanti. Aggiungi testo alternativo in modo tale che i motori di ricerca possano comprendere meglio il contenuto delle tue immagini.					
	Text/HTML Ratio	Ratio : 0% Il rapporto testo/codice HTML di questa pagina e inferiore a 15 percento, questo significa che il tuo sito web necessita probabilmente di molto piu contenuto.					
	Flash	Perfetto, non e stato rilevato contenuto Flash in questa pagina.					

SEO Content

		
	Iframe	Grande, non sono stati rilevati Iframes in questa pagina.

SEO Links

	URL Rewrite	Buono. I tuoi links appaiono friendly!
	Underscores in the URLs	Perfetto! Non sono stati rilevati underscores nei tuoi URLs.
	In-page links	Abbiamo trovato un totale di 49 links inclusi 0 link(s) a files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 4.08% Internal Links 95.92%

In-page links

Anchor	Type	Juice
Skip to content	Interno	Passing Juice
Sign up for free daily recipes! →	Interno	Passing Juice
Recipe Index	Interno	Passing Juice
Appetizers	Interno	Passing Juice
Breakfast	Interno	Passing Juice
Dessert	Interno	Passing Juice
Dinner	Interno	Passing Juice
Drinks	Interno	Passing Juice
Lunch	Interno	Passing Juice

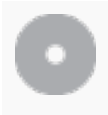
In-page links

Salads	Interno	Passing Juice
Sides	Interno	Passing Juice
Snacks	Interno	Passing Juice
Soups	Interno	Passing Juice
Shop	Interno	Passing Juice
Resources	Interno	Passing Juice
Meet the Maven	Interno	Passing Juice
Green Goddess Salad	Interno	Passing Juice
Almond Flour Berry Galette	Interno	Passing Juice
Pinwheel Sandwiches	Interno	Passing Juice
Grilled Salmon Tacos with Avocado Crema	Interno	Passing Juice
Grilled Turmeric Chicken	Interno	Passing Juice
Instant Pot Pot Roast	Interno	Passing Juice
Gluten-free	Interno	Passing Juice
Healthy Mac and Cheese	Interno	Passing Juice
Turkey Tacos	Interno	Passing Juice
Spicy Ramen Noodles	Interno	Passing Juice
One-Pot Greek Chicken and Orzo	Interno	Passing Juice
Chickpea Blondies	Interno	Passing Juice
Oat Flour Banana Bread	Interno	Passing Juice
Protein Cookies	Interno	Passing Juice
Join our email list	Externo	Passing Juice
Turkey Sweet Potato Chili	Interno	Passing Juice
Chicken Lentil Soup	Interno	Passing Juice
Buffalo Chicken Chili	Interno	Passing Juice
Ginger Carrot Soup	Interno	Passing Juice
Healthy Pumpkin Muffins	Interno	Passing Juice
Whole Wheat Pancakes	Interno	Passing Juice

In-page links

Banana Bread Baked Oatmeal	Interno	Passing Juice
How To Make Shakshuka	Interno	Passing Juice
Make-Ahead Frozen Breakfast Burritos	Interno	Passing Juice
Black Friday/Cyber Monday Clean Beauty Sales! [2024]	Interno	Passing Juice
The Best Non Toxic Candles [Yes! Candles Can be Toxic]	Interno	Passing Juice
20% OFF All Clean Beauty! [Credo Beauty Sale 2024]	Interno	Passing Juice
True Botanicals Review	Interno	Passing Juice
How to Make Lavender Spray	Interno	Passing Juice
Homemade Sugar Scrub Recipe	Interno	Passing Juice
Contact	Interno	Passing Juice
Privacy Policy	Interno	Passing Juice
CultivateWP	Esterno	Passing Juice

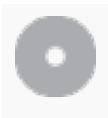
SEO Keywords

	Keywords Cloud	
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Consistenza Keywords

Keyword	Contenuto	Title	Keywords	Descrizione	Headings
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Usabilità

	Url	Dominio : thehealthymaven.com Lunghezza : 19
	Favicon	Grande, il tuo sito usa una favicon.
	Stampabilità	Non abbiamo riscontrato codice CSS Print-Friendly.

Usabilita

	Lingua	Buono. La tua lingua dichiarata en.
	Dublin Core	Questa pagina non sfrutta i vantaggi di Dublin Core.

Documento

	Doctype	HTML 5
	Encoding	Perfetto. Hai dichiarato che il tuo charset e UTF-8.
	Validita W3C	Errori : 34 Avvisi : 1
	Email Privacy	Grande. Nessun indirizzo mail e stato trovato in plain text!
	Deprecated HTML	Grande! Non abbiamo trovato tags HTML deprecati nel tuo codice.
	Suggerimenti per velocizzare	 Eccellente, il tuo sito web non utilizza nested tables.  Molto male, il tuo sito web utilizza stili CSS inline.  Molto male, il tuo sito web ha troppi file CSS files (piu di 4).  Molto male, il tuo sito web ha troppi file JS (piu di 6).  Perfetto, il vostro sito si avvale di gzip.

Mobile

	Mobile Optimization	 Apple Icon  Meta Viewport Tag  Flash content
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Ottimizzazione

	XML Sitemap	Grande, il vostro sito ha una sitemap XML. https://www.thehealthymaven.com/sitemap_index.xml
	Robots.txt	http://thehealthymaven.com/robots.txt Grande, il vostro sito ha un file robots.txt.
	Analytics	Grande, il vostro sito ha uno strumento di analisi dei dati.  Google Analytics